

THE LOCOMOTION

Choreographer: Jo & Rita Thompson

Description: 32 counts, 4 walls, Beginner Line Dance

Music: Locomotion by Country Swingers

Intro: 32 counts (00:17)

"TRAIN STEP" - ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, TRIPLE IN PLACE (OR COASTER STEP)

1-2 Rock forward with right foot, replace weight back to left foot

3-4 Rock back with right foot, replace weight forward to left foot

5-6 Rock forward with right foot, replace weight back to left foot

7&8 Step together with right foot, step in place with left foot, step in place with right foot

For more experienced dancers, counts 7&8 can be done as a coaster step

"TRAIN STEP" - ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, TRIPLE IN PLACE (OR COASTER STEP)

1-2 Rock forward with left foot, replace weight back to right foot

3-4 Rock back with left foot, replace weight forward to right foot

5-6 Rock forward with left foot, replace weight back to right foot

7&8 Step together with left foot, step in place with right foot, step in place with left foot

For more experienced dancers, counts 7&8 can be done as a coaster step

VINE RIGHT, TOUCH, VINE LEFT, ¼ TURN LEFT, TOUCH

1-4 Step right foot to right side, step left foot crossed behind right, step right foot to right side, touch left foot beside right

5-8 Step left side, step right behind, turn ¼ left, step forward with left foot, touch right foot beside left

Optional: clap on counts 4 and 8 as you touch

VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-4 Step right foot to right side, step left foot crossed behind right, step right foot to right side, touch left foot beside right

5-8 Step left foot to left side, step right foot crossed behind left, step left foot to left side, touch right foot beside left

Optional: clap on counts 4 and 8 as you touch

REPEAT

www.linedanceturkiye.com