



## SWEET LIZA

Choreographed by L. D. Ducker (modified to 4 walls by Oscar)

Description: 48 counts, 4 walls, Improver Single Line Dance

Music: **Little Liza Jane** by Vince Gill, **One Good Woman** by Dave Sheriff

### STOMP & FAN TOES: RIGHT & LEFT

- 1-4 Right foot stomp forward. Fan toes to the right, left, centre
- 5-8 Left foot stomp forward. Fan toes to the left, right, centre

### ROCK STEP & HOLD: RIGHT & LEFT

- 1-2 Rock right foot over left. Step in place on left.
- 3-4 Step right foot in place & hold on count 4
- 5-6 Rock left foot over right. Step in place on right.
- 7-8 Step in place on left & hold on count 8

### VINE RIGHT & HEEL, HITCH

- 1-2 Step right foot to right side. Step left foot behind right.
- 3-4 Step right foot to right side. Touch left foot beside right.
- 5-6 Touch left heel to floor, hitch left knee.
- 7-8 Touch left heel to floor, hitch left knee.

### VINE LEFT & HEEL, HITCH

- 1-2 Step left foot to left side. Step right foot behind left.
- 3-4 Step left foot to left side. Touch right foot beside left
- 5-6 Touch right heel to floor, hitch right knee.
- 7-8 Touch left heel to floor, hitch right knee.

### ROCKING CHAIR FORWARD & BACK. PIVOT 1/2 TURN LEFT & HITCH

- 1-2 Rock forward on right foot. Step back on left foot.
- 3-4 Rock back on right foot. Step back on left foot.
- 5-6 Step forward on right foot. Pivot 1/2 turn left hitching left knee.
- 7-8 Step forward on left foot. Hitch right knee

### LOCK SHUFFLE, SCUFF, LOCK SHUFFLE, SCUFF & ¼ TURN LEFT

- 1-2 Step right foot forward. Lock left foot behind right foot.
- 3-4 Step right foot forward. Scuff left foot forward.
- 5-6 Step forward on left foot. Lock right foot behind left foot.
- 7-8 Step forward on left foot. Scuff right foot forward and turn ¼ left.

Note: On the vines when you do the hitches you can place your hand on your thigh.

### REPEAT