

# Shady

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Darren Bailey, Fred Whitehouse, Amy Glass – Dec 2016

**Music:** Shady by Adam Lambert



## **Intro: 32 Counts**

**Pattern:** 32, Tag1, 32, Tag 2, 16 Restart, 32, Tag 1, 32, Tag 2 Only ½, 32, 32, 32

## **HEEL, STEP, LOCK, STEP, STEP, LOCK WITH POP, STEP FORWARD, ¾ CHASE TURN R, DRAG**

- 1-2& Step forward on Heel of RF, Make a 1/8 turn R step LF to L side, Make a 1/8 turn L and lock RF behind LF  
3&4 Step forward on L, Make 1/8 turn L and step R side, Close LF next to RF and pop R knee forward (now facing 10:30)  
5-6 Make a 1/8 turn R and step forward on RF, Step forward on LF,  
7-8 Make a ½ turn R (weight on RF) Make a ¼ turn R and take a big step to L with LF, (now facing 9 o'clock)

## **SYNCPATED ROCKS, SAILOR STEP, BEHIND, SIDE, ¼ TURN R, OUT, OUT, TOES, HEELS**

- 1&2& Rock forward on RF, Recover onto LF, Rock RF to R side, Recover onto LF  
3&4 Cross RF behind LF, Step LF to L side, Step RF to R side  
5&6& Cross LF behind RF, Make a ¼ turn R and step forward on RF, Step forward on LF, Step out on RF  
7&8 Step out on LF, Twist both toes in, Twist both heel in (now facing 12 o'clock)

**(Restart here on wall 3)**

## **ROCKING CHAIR WITH HITCHES, STEP BACK DRAG, HOLD, BALL, STEP, L MAMBO FORWARD**

- 1&2& Rock forward on RF, Recover onto LF, Rock back on RF and hitch L knee, Recover onto LF  
3&4 Rock forward on RF, Recover onto LF, Take a big step back on RF  
5&6 Hold, Close LF next to RF, Step forward on RF  
7&8 Rock forward on LF, Recover onto RF, Close LF next to RF

## **WALK R, ¼ TURN R, SAILOR STEP R, SAILOR STEP L WITH ¼ TURN L, HITCH, TOUCH, ½ TURN R**

- 1-2 Step forward on RF, Make a ¼ turn R and step LF to L side  
3&4 Cross RF behind LF, Step LF to L side, Step RF to R side  
5&6 Cross LF behind RF, Step RF to R side, Make a ¼ turn L and step forward on LF  
&7-8 Hitch R knee, Touch RF back, Make a ½ turn R (keeping weight back on LF) (now facing 6 O'clock)

## **Tag 1 (back walls)**

### **KNEE POPS**

- 1-2 Step forward on RF and pop L knee, Step forward on LF and pop R knee

## **Tag 2 (front walls)**

- 1-2 Step diagonally forward to R with RF, Step out L with LF  
3-4 Take a big step back with RF, Close LF next to RF

### **(2nd Time you dance Tag 2 you only dance the first 4 counts)**

- 5-6 Step diagonally forward to R with RF, Step out L with LF  
7-8 Contract chest x2 on counts 7, 8

**Hope you enjoy the dance. Live to Love; Dance to Express.**

**Last Update – 11th Sept 2017**