

# SATISFY MY HEART

Choreographer: Özgür "Oscar" Takaç

Description: 32 counts, 4 walls, Improver RUMBA Couples Dance

Music: Satisfy My Soul by Paul Carrack

Position: Closed Position (Opposite footwork unless stated)

Intro: 2 counts (00:03) or count for next 32 counts (00:23)

## MAN

### SEC.1 CLOSE BASIC –

**SIDE, HOLD, ROCK STEP FORWARD, SIDE, HOLD, ROCK STEP BACK**

1-2-3-4 Step R side, hold, L forward, recover on R

5-6-7-8 Step L side, hold, R back, recover on L

### SEC.2 LADIES UNDER ARM TURNS –

**SIDE, HOLD, ROCK STEP ACROSS, SIDE, HOLD, ROCK STEP BACK**

1-2-3-4 Step R side, hold, L across R, recover on R

5-6-7-8 Step L side, hold, R back, recover on L

### SEC.3 OPEN BASIC & RUMBA SWIVELS –

**FORWARD, HOLD, ROCK STEP FORWARD, 1/4 TURN AND STEP SIDE, HOLD, RECOVER, RECOVER**

1-2-3-4 Step R forward, hold, step L forward, recover on R

5-6-7-8 1/4 turn L and step L side, hold, recover on R, recover on L

**RECOVER, HOLD, RECOVER, RECOVER, RECOVER, HOLD, TOGETHER, FORWARD**

1-2-3-4 Recover on R, hold, recover on L, recover on R

5-6-7-8 Recover on L, hold, step R together, step L forward

## LADY

### SEC.1 OPPOSITE FOOTWORK

1-8

### SEC.2 LADIES UNDER ARM TURNS (LEFT & RIGHT) –

1-2-3-4 Step L side, hold, step R across L, full turn left and recover on L

5-6-7-8 Step R side, hold, step L across R, full turn right and recover on R

### SEC.3 OPEN BASIC & RUMBA SWIVELS –

1-2-3-4 Step L back, hold, step R back, recover on L

5-6-7-8 Step R forward, hold, L across right, 1/4 swivel turn L on left and step R across

### SEC.3 SWIVEL TURN & ACROSS, HOLD, ...

1-2-3-4 1/8 swivel turn R on right and step L across, hold, 1/8 turn L on L and step R across, 1/8 turn R on R and step L across

5-6-7-8 1/8 swivel turn L on left and step R across, hold, 1/8 swivel turn R on right and step L across, step R back

REPEAT

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