

POLKA DOT

Choreographer: Dynamite Dot

Description: 32 counts, 4 walls, Improver Line Dance

Music: I'm At Home On The Range by Suzy Boggus

Intro: 16 counts (00:08)

LEFT LOCK & R LOCK/FWD TOUCH/R SHUFFLE BACK

1-2&3-4 Step L fwd and lock R behind. On the & count place weight on L stepping slightly to L. Step fwd R and lock L behind

&5-6-7&8 On the & count step R slightly to R. Step fwd on L and touch R to L heel. Do a R shuffle traveling back

2 X ½ SHUFFLE TURN L/BACK ROCK/L KICK & CROSS

1&2-3&4 Make 2 x ½ shuffle turns to left traveling back

5-6-7&8 Left back rock. Left kick to left diagonal. Left to side and cross right over left

L SIDE ROCK/L & R SAILOR STEPS/L SAILOR ¼ TURN L

1-2-3&4 Rock left to side and recover on right. Left sailor step

5&6-7&8 Right sailor step. Left sailor step making ¼ turn to left

R TAP KICK SHUFFLE BACK/L TAP KICK/L BACK ROCK

1-2-3&4 Tap right toe slightly fwd and kick right fwd. Right shuffle traveling back

5-6-7-8 Tap left toe slightly fwd and kick left fwd. Rock back on left and recover on right

Note: Polka is energetic and fun. Once familiar with steps, travel and make steps larger

REPEAT

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