



PATIENT HEART

Choreographed by Michael Vera-Lobos & Lisa Foord
Description: 48 counts, 2 walls, Intermediate Single Line Dance
Music: **Patient Heart** by Bekka & Billy

WALK, WALK, SHUFFLE

1-2-3&4 Step R forward, step L forward, chassé forward R (R, L, R)

STEP, ¼ TURN, CROSS SHUFFLE

5-6-7&8 Step L forward turning ¼ turn R stepping onto R, cross shuffle L over R (L, R, L)

SIDE ¼ TURN, TOUCH BACK ½ TURN, SHUFFLE

1-2-3&4 Step R to side turning ¼ turn L, step L back turning half turn L, chassé forward R (R, L, R)

STEP, TURN ¼ PLUS 1/8 TURN R, (DIAGONAL) CROSS, LOCK, STEP, LOCK, STEP

1-2-3&4 Step L forward turning ¼ plus 1/8 turn R onto R, (diagonal R, traveling) cross L over R, lock R behind L, step L forward

&5 Lock R behind L, step L forward

6-7&8 Turning 45 degrees R (straightening up) double kick R over L, ball change together R, L

SCUFF R ¼ TURN, SCUFF L, STEP L ½ TURN

1-2-3-4 Scuff R, turn ¼ R and step on R, scuff L, turning half turn R step onto L

SHUFFLE FORWARD R, SHUFFLE FORWARD L

1&2-3&4 Chassé forward R (R, L, R), chassé forward L (L, R, L)

SYNCOATED- OUT OUT IN IN, DOUBLE HEEL BOUNCE

&1&2-3-4 Jump feet apart R, L, jump feet together R, L, double heel bounce

SCUFF R, TOUCH TOE, HEEL, HEEL, SCUFF L, TOUCH TOE, HEEL, HEEL

1-2-3-4 Scuff R 45 degrees over L, touch R toe to 45 degrees R, tap R heel, tap R heel (weight on R and body angled at 45 degrees R)

1-2-3-4 Scuff L 45 degrees over R, touch L toe to 45 degrees L, tap L heel, tap L heel (end weight L and body angled at 45 degrees L)

KICK R BALL CHANGE TWICE

1&2-3&4 Kick R ball change 45 degrees over L (kick R, step R, step L), kick R ball change over L turning ¼ L

STEP FORWARD R, ½ TURN PIVOT, ½ TURN PIVOT

1-2-3-4 Step R forward 45 degrees L, pivot half turn L, step R forward, pivot half turn L REPEAT

BRIDGE

Bridge occurs at the end of walls 3, 6 & 8. At the end of these walls please add the following:

STEP R, CROSS L BEHIND, SHUFFLE SIDE R, KICK BALL CHANGE, KICK BALL CHANGE

1-2-3&4 Step R to side, cross L behind R, side shuffle R (R, L, R)

5&6-7&8 Kick L ball change 45 degrees over R, kick L ball change 45 degrees over R turn a full turn L, side shuffle L, kick R ball change, kick R ball change

1-2-3&4 Traveling turn a full turn L stepping L, R, side shuffle L (L, R, L)

5&6-7&8 Kick R ball change 45 degrees over L, kick R ball change 45 degrees over L

REPEAT

