

MY LIFE IS AN OPEN BOOK

Choreographed by Elke Abele

Description: 32 counts, 4 walls, Beginner Line Dance

Music: Open Book by Scooter Lee

Intro: 32 counts (00:18)

RUMBA BOX, HOLD, RUMBA BOX, HOLD

1-2-3-4 Step R, L together, R forward, hold

5-6-7-8 Step L, R together, L back, hold (weight on L)

BACK ROCK STEP, TOGETHER, HOLD, SIDE ROCK STEP, TOGETHER, HOLD

1-2-3-4 Step R back, recover on L, R together, hold

5-6-7-8 Step L to L side, recover on R, L together, hold (weight on L)

FORWARD, ¼ TURN, CROSS, HOLD, ¼ TURN, ½ TURN, STEP L, HOLD

1-2-3-4 Step R forward, 1/4 turn L and recover on L, R across, hold

5-6-7-8 1/4 turn R and step L back, 1/2 turn R and step R forward, L forward, hold (weight on L)

FORWARD, 1/4 TURN, CROSS, HOLD, SIDE ROCK STEP, TOGETHER, HOLD

1-2-3-4 Step R forward, 1/4 turn L and recover on L, R across, hold

5-6-7-8 Step L to L side, recover on R, L together, hold (weight on L)

REPEAT