

# LONG TALL SALLY

Choreographer: Sebastien Bonnier

Description: 48 counts, 4 walls, Improver Line Dance

Music: Long Tall Sally by Cagey Strings - **Alt music: High Class Lady** by The Lennerockers

## [1-8] STOMP & BOUNCE R&L X2:

- 1-4 Stomp R to R (spreading R hand to R side) & bounce R heel three times
- 5-8 Stomp L to L (spreading L hand to L side) & bounce L heel three times

## [9-16] WALK X2, RUN X4:

- 1-4 Step R fwd, Hold, Step L, Hold
- 5-8 Walk fwd R-L-R-L (with knees flexed)

## [17-24] ROCK-RECOVER, TOE-HEEL STRUTS BACK X3:

- 1-2 Rock-step R fwd, Recover on L
- 3-6 Step R toe back, Step R heel to floor, Step L toe back, Step L heel to floor
- 7-8 Step R Toe back, Step R heel to floor

## [25-32] ROCK-RECOVER X3, STEP, TOUCH:

- 1-2 Rock-step L back, Recover on R
- 3-4 Rock-step to L side, Recover on R
- 5-6 Cross-rock L over R, Recover on R
- 7-8 Step L to L side, Touch R beside L

## [33-40] TOE-HEEL JAZZ BOX WITH 1/4 TURN R:

- 1-2 Cross-step R to over L, Step R heel to floor starting 1/4 turn R
- 3-4 Step L toe back, Step L heel to floor completing 1/4 turn R
- 5-6 Step R toe to R side, Step R heel to floor
- 7-8 Step L toe beside R, Step L heel to floor

## [41-48] HEEL-TOE SWIVELS PLUS CLAPS X2:

- 1-2 Swivel both heels to R, Swivel toes to R
- 3-4 Swivel heels to R, Clap
- 5-6 Swivel heels to L side, Swivel toes to L
- 7-8 Swivel heels to L, Clap

## REPEAT

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