



HOLDING OUT (FOR A HERO)

Choreographed by Gaye Teather

Description: 64 counts, 2 walls, Intermediate Single Line Dance

Music: **Holding Out For A Hero** by Eva, Lorena y Vanessa

CHASSE RIGHT, ROCK BACK, SIDE-BEHIND, SHUFFLE ¼ TURN LEFT

- 1&2 Step right to right side, close left beside right, step right to right
- 3-4 Rock back on left foot, recover onto right
- 5-6 Step left to left side, cross right behind left
- 7&8 Step left foot ¼ turn left, close right beside left, step forward on left (9:00)

POINT-CROSS, POINT-CROSS, POINT, ½ TURN RIGHT, POINT, TOUCH

- 1-2 Point right toe to right side, cross step right over left
- 3-4 Point left toe to left side, cross step left over right
- 5-6 Point right toe to right side, make ½ turn right on ball of left stepping right beside left
- 7-8 Point left toe to left side, touch left toe beside right foot (3:00)

ROCK BACK, LEFT SHUFFLE FORWARD, FULL TURN LEFT, RIGHT SHUFFLE FORWARD

- 1-2 Rock back on left foot, recover onto right
- 3&4 Step forward on left, close right beside left, step forward on left
- 5-6 ½ turn left stepping back on right, ½ turn left stepping forward on left
- 7&8 Step forward on right, close left beside right, step forward on right (3:00)

STEP, ¼ TURN RIGHT, CROSS SHUFFLE, RIGHT WEAVE

- 1-2 Step forward on left, turn ¼ right
- 3&4 Cross left over right, step right to right, cross left over right
- 5-6 Step right to right, cross left behind right
- 7-8 Step right to right, cross left over right (6:00)

SIDE ROCK, CROSS SHUFFLE, SIDE-BEHIND, ¼ TURN LEFT, STEP

- 1-2 Rock right to right side, recover onto left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Step left to left, cross right behind left
- 7-8 Step left foot ¼ turn left, step forward on right (3:00)

FORWARD ROCK, BACK, HOLD & CLAP, JAZZ JUMPS BACK X 3, HOLD & CLAP

- 1-2 Rock forward on left, recover onto right
- 3-4 Step back on left, hold and clap
- &5 Small jump step back on right, step left beside right
- &6&7 Repeat steps & 45 twice more
- 8 Hold and clap (3:00)

¼ MONTEREY TURN RIGHT, FULL ROLLING TURN LEFT

- 1-2 Point right toe to right side, on ball of left turn ¼ right stepping right beside left
- 3-4 Point left toe to left side, touch left beside right
- 5-6 Step left foot ¼ left, make ½ turn left stepping back on right
- 7-8 Turn ¼ left stepping left to left side, touch right beside left (6:00)

CHASSE RIGHT, ½ TURN RIGHT, CLAP, ½ TURN RIGHT, CLAP, CROSS, CLAP

- 1&2 Step right to right side, close left beside right, step right to right
- 3-4 Make ½ turn right stepping left to left side, hold and clap
- 5-6 Make ½ turn right stepping right to right side, hold and clap
- 7-8 Cross step left over right, hold and clap

REPEAT