

HOEDOWN THROWDOWN

Choreographer: Jamal Sims

Description: 48 counts, 1 walls, Intermediate Line Dance

Music: Hoedown Throwdown by Miley Cyrus

POP IT, LOCK IT, POLKA DOT IT, COUNTRIFY THEN HIP HOP IT (PUT YOUR)

- 1 Extend left arm forward, open palm down, fingers together
- 2 Swivel both heels right to face 10:30 and sit slightly, bringing elbows up and out to sides
- 3 Step left to side (right palm forward with one finger pointing upward and leaning right)
- &4& Step right together (finger now leaning left), Step left to side (finger now leaning right), Hook thumbs on belt
- 5&6& Touch right heel forward, step right together, touch left heel forward, step left together
- 7 Turn 1/8 left (face 10:30) and kick right forward (punch both hands forward, crossed at wrists)
- &8& Step right together (bring elbows back), Hold (punch fists together at waist level), Lift both arms out to sides

HAWK IN THE SKY, MOVE SIDE TO SIDE, JUMP TO THE LEFT, STICK IT, GLIDE

- 1 Step right to side (arms crossed in front, elbows high, each hand on top of the other elbow)
- & Kick left forward (raise hands to form an X in front of you, arms crossed at the forearm)
- 2& Step left together (return arms to crossed position), Twist upper body to left (10:30)
- 3& With arms still crossed and up, bounce arms down slightly, Lift arms back up and twist upper body to right (1:30)
- 4& With arms still crossed and up, bounce arms down slightly, Lift arms back up (still facing 1:30)
- 5&6 Scuff left forward (toward 1:30), Step left forward, Turn 3/8 left (9:00) and step right forward
- 7-8 Punch right hand to side (punch toward 12:00), Big step left to side and slide right toward left

ZIG ZAG, ACROSS THE FLOOR, SHUFFLE IN DIAGONAL (WHEN THE)

- 1& Hold, Cross/touch right over left
- 2& Touch right diagonally forward, Flick right behind left (touch right foot with left hand)
- 3&4 Turn 1/8 right and step right to side (10:30), step left together, step right to side
- & Touch left together (elbows out to side, hands down)
- 5& Step left to side (elbows out to side, hands up), Step right together (elbows out to side, hands down)
- 6& Step left to side (elbows out to side, hands up), Turn 1/4 right (1:30) (elbows out to side, hands down)
- 7& Step right to side (elbows out to side, hands up), Step left together (elbows out to side, hands down)
- 8& Step right to side (elbows out to side, hands up), Turn 1/8 left (12:00) (hands relax at sides)

DRUM HITS, HANDS ON YOUR HIPS, ONE FOOTED 180 TWIST (AND THEN A)

- 1&2 Kick left forward and punch right hand forward, Step left forward, Kick right forward and punch left hand forward
- &3-4 Step right forward, Punch both hands out to the sides, Place hands on hips
- 5 Turn upper body as far to the right as possible (open your hips, too),
- &6 Step right toward back wall (6:00), Step left together (now facing back wall)
- 7&8& Hop three times in place on left foot, turning 1/2 turn left (elbows out to side, hands up) (12:00), Hands down at sides

ZIG ZAG, STEP SIDE, LEAN IT LEFT, CLAP THREE TIMES

- 1&2& Hold, Cross/touch right over left, Touch right diagonally forward, Flick right behind left (touch right foot with left hand)
- 3-4 Step right to side, Big step left to side (weight even)
- 5&6 Punch left hand forward, punch right hand forward, punch left hand forward
(during counts 5&6, gradually move weight entirely to left foot, with body turned slightly right, toward 1:30)
- 7&8& Shift weight forward to right foot (1:30), Clap hands low, medium, high

SHAKE IT OUT HEAD TO TOE, THROW IT ALL TOGETHER, THAT'S HOW WE ROLL

- 1-4 Walk in a small circle turning 3/4 to the left, stepping left, right, left, right while shimmying shoulders (3:00)
- 5 Turn 1/4 left and step left forward and punch right low forward (12:00)
- 6-7-8 Cross/touch right behind left, step right back, step left together (put elbows out to side, hands up)

PHRASING

The song is phrased as follows:

- 64 counts of freestyle
- 48-count dance
- 36 counts of freestyle
- 48-count dance
- 32 counts of freestyle
- 48-count dance
- 48 counts of freestyle (or do the whole dance here again)

Respond with "Throwdown" after she sings "Hoedown". Stomp and clap when she says Boom Boom Clap.

