

FUNK N FEEL IT

Choreographer: Rachael McEnaney-White & Arjay Centeno

Description: 48 counts, 4 walls, Intermediate-Advanced Funky WCS feel Line Dance

Music: Feel It - (feat. Mr Talkbox) (Radio Mix – Single) – Tobymac (approx 3.20 mins) (115 bpm)

Intro: 32 counts (00:19) the dance begins after you hear “1,2 3, 4”

IT WITH HIP BUMPS, L BALL, R FWD, L KICK BALL, R POINT, R CLOSE, L KICK/SWING, ¼ TURN L HITCH, PUSH SLIDE, KNEE POP

- &1 Begin dance with L foot already stepped forward. Bend both knees, with knees bent push hips back (weight R)
- &2&3 Push hips forward, straighten knees keeping weight back on R, step ball of L next to R, step forward R
- 4&5&6 Kick L forward, step L next to R, point R to R side, step R next to L, swing L leg out to L side (like a low kick)
- &7 Make ¼ turn L (09:00) as you hitch L knee, touch L toe next to R pushing down on ball of L as you slide R foot back
- 8 Drop L heel to floor as you pop R knee forward

R FWD WITH L SWEEP, L CROSS, R BACK, ½ TURN L, R FWD, OUT-OUT (L-R), 2X CHUGS FORWARD, STEP L WITH R LEG SWING

- 1-2 Step forward R as you sweep L (from back to front), cross L over R
- 3&4 Step back R, make ½ turn L (03:00) stepping forward L, step forward R
- &5 Step L to L side (slightly forward), step R to R side
- 6-7 Lift both heels off floor and drop them down as you slide/push toes forward slightly, repeat count 6
- (Easy option: just lift heels and drop heels to floor without the chug because the chug barely moves forward) 3.00
- 8 Step L in towards R as you swing R leg out to R side (like a kick/sweep)

TAG comes here on wall 6. After tag restart the dance

WEAVE WITH KNEE POPS, R CROSS, L SIDE, R BEHIND, L SIDE, R TOUCH, R SIDE, L TOUCH

- 1-2 Cross R over L as you pop L knee forward, step L to L side as you pop R knee forward
- 3-4 Cross R behind L as you pop L knee forward, step L to L side as you pop R knee forward
- 5&6 Cross R over L, step L to L side, cross R behind L
- &7&8 Step L to L side, touch R next to L, step R to R side, touch L next to R

L PRESS WITH KNEE POPS ‘OUT-IN-OUT’, L SLIDE, L BALL, R CROSS, ¾ L TURN WALKING L-R-L, 2 JUMPS

- 1&2 Press ball of L out to L side as you pop L knee out to L, pop L knee in toward R, pop L knee out to L (weight ends L)
- 3&4 Transfer weight R as you slide L in towards R, step ball of L slightly behind R, cross R over L
- 5-6-7 (walk in a circle) Make ¼ turn L (12:00) stepping forward L, make ¼ turn L (09:00) stepping forward R, make ¼ turn L (06:00) stepping forward L
- &8 Jump forward slightly with both feet, jump forward slightly with both feet (Easy option: Step R next to L, step forward L)

R MAMBO FWD, L MAMBO BACK, R SIDE ROCK, R CROSS, L SIDE BALL ROCK, L CROSS

- 1&2-3&4 Rock forward R, recover weight L, step slightly back R, rock back L, recover weight R, step slightly forward L
- 5&6&7-8 Rock R to R side, recover weight L, cross R over L, rock ball of L to L side, recover weight R, cross L over R

R SIDE, L TOUCH, ¼ TURN L SIDE, R TOUCH, R KICK-HOOK-KICK-FLICK, R KICK BALL STEP

- 1-2-3-4 Step R to R side (big step), touch L next to R, make ¼ turn L stepping L to L side (big step), touch R next to L
- 5&6& Kick R forward, hook R in front of L shin, kick R forward, flick R foot back
- 7&8 Kick R forward, step R next to L, place L foot forward but have weight balanced between both feet

REPEAT

TAG on wall 6 after count 16 (12:00) add following Tag and start the dance again

JAZZ BOX

- 1-2-3-4 Cross R over L, step back L, step R to right side, place L foot forward but have weight balanced between both feet

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