



## COWGIRL SALSA

Choreographed by Margaret Malloch & Josephine Mackay

Description: 64 counts, 2 walls, Intermediate Single Line Dance

Music: **If I Said You Had A Beautiful Body** by The Bellamy Brothers,  
**Summer Of Love** by The Steps

### ROCK, ROCK, SHUFFLE, ROCK, ROCK, SHUFFLE

- 1-2 Rock forward right foot, Rock back left foot,
- 3&4 Shuffle back starting right foot
- 5-6 Rock back left foot, Rock forward right foot
- 7&8 Shuffle forward starting left foot

### ROCK, ROCK, CROSS SHUFFLE, ROCK, ROCK, CROSS SHUFFLE

- 1-2 Rock side right foot, Step left foot on spot
- 3&4 Shuffle right foot across left
- 5-6 Rock side left foot, Step right foot on spot
- 7&8 Shuffle left foot across right

### PADDLE TURNS 1/2 LEFT, SHUFFLE, SHUFFLE

- 1-4 Paddle step right foot turn 1/4 left, Paddle step right foot turn 1/4 left
- 5&6 Shuffle forward right foot
- 7&8 Shuffle forward left foot

### PADDLE TURNS 1/2 LEFT, SHUFFLE, SHUFFLE

- 1-8 Repeat above steps 17-24

### RIGHT HEEL DIG & HIP, CHASSEE RIGHT, LEFT HEEL DIG & HIP, CHASSEE LEFT

- 1-2 Heel right foot across left foot, Step back on left foot
- 3&4 Chasse right foot to right side
- 5-6 Heel left foot across right foot, Step back on right foot
- 7&8 Chasse left foot to left side

### HEEL SWITCHES, CLAP, CLAP

- 1-3 Heel switches right, left, right
- &4 Clap, clap
- 5-7 Heel switches left, right, left
- &8 Clap, clap

### ROCK, ROCK, COASTER STEP, ROCK, ROCK, COASTER STEP

- 1-2 Rock left foot across right foot, Step back on right foot swing left foot (ronde)
- 3&4 Coaster step left
- 5-6 Rock right foot across left foot, Step back on left foot swing right foot (ronde)
- 7&8 Coaster step right

### STEP, TURN 1/2 RIGHT, SHUFFLE, SIDE LONG STEP, SLIDE, STOMP

- 1-2 Step left foot forward, 1/2 turn by right
- 3&4 Shuffle forward left foot
- 5-8 Take a big step to right, Slide left foot next to right in two counts, Stomp left next to right

REPEAT

