## INTRO

1-4-5-8 Open arms up to sides, Neck break R-L-R-L
1-4-5-8 Close arms on top of your head, Neck break R-L-R-L
1-20 Dance the 33-48 counts twice and add Tag-1 end of it

R SAILOR, BALL STEP, STEP TOGETHER, R CHASSE, ROCK RECOVER
1\&2\&3-4 Cross $R$ behind $L$, step $L$ together, step $R$ to side, Step $L$ together, step $R$ to side, step $L$ together
5\&6-7-8 Step R to side, step L together, step R to side, Rock L forward, recover onto R

## BALL STEP FORWARD, TURN $1 ⁄ 2 \mathrm{~L}$, STEP TOUCH, SHOULDER ISOLATIONS

\&1-2-3-4 Step $L$ together, step $R$ forward, turn $1 / 2 L$ (weight to $L$ ), Step $R$ forward, touch $L$ forward
Both knees slightly bent
5-6 Hold, hold
On counts 5-6, push $R$ shoulder forward and $L$ shoulder back, push $L$ shoulder forward and $R$ shoulder back
7-8 Repeat counts 5-6
Arms are out to side during shoulder isolations

## JAZZ BOX ¼ L, TOUCH, FORWARD R SHUFFLE, FULL TURN R

1-2-3-4 Turn $1 / 4 L$ and cross $L$ over $R$, step $R$ back, Step $L$ to side, touch $R$ together
5\&6-7-8 Step $R$ forward, step $L$ together, step $R$ forward, Turn $1 / 2 R$ and step $L$ back, turn $1 / 2 R$ and step $R$ forward
TURN $1 / 4$ R, CROSS SHUFFLE, STEP TOUCH, STEP TOUCH
1-2-3\&4 Step $L$ forward, turn $1 / 4 R$ and step $R$ to side, Cross $L$ over $R$, step $R$ to side, cross $L$ over $R$
5-6-7-8 $\quad$ Step $R$ to side, touch $L$ together, Step $L$ to side, touch $R$ together

## ROCK RECOVER, R COASTER, L ROCK AND TOUCH, L ROCK \& STEP

1-2-3\&4 Rock $R$ forward, recover onto $L$, Step $R$ back, step $L$ together, step $R$ forward
5\&6-7\&8 Rock $L$ to side, recover on $R$, touch $L$ together, Rock $L$ to side, recover on $R$, step $L$ together

## HIP ROLLS TRAVELING R TOUCH, HIP ROLLS TRAVELING L TOUCH

1-2-3-4 Step $R$ to side, step $L$ together (Hips rotating to the $R$ ), Step $R$ to side, touch $L$ together (Hips rotating to the $R$ ) 5-6-7-8 Step L to side, step R together (Hips rotating to the L), Step L to side, touch R slightly forward (Hips rotating to the L) Optional arms for above 8 counts: when traveling $R$, place $L$ hand behind your head and $R$ arm out to side. When traveling $L$, place $R$ hand behind your head and $L$ arm out to side

REPEAT

TAG 1 After the 1st wall and the 5th wall
1-4: Four-count hip drops
TAG 2 After the 3rd wall
1-8: Eight-count hip drops

RESTART After the walls 2-4 and 6 repeat the 33-48 counts then restart the dance

FINISH After the wall 6 restarting finishes do the (Tag 1) 3 times and open your arm to sides to finish the dance

